



Jenna Bernson, MD
Family Physician, Lifestyle Medicine
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Dr. Jenna Bernson is a board-certified family physician, educator, and physician leader with a passion for rural family medicine, preventive care, and lifestyle medicine. She earned her medical degree from Michigan State University College of Human Medicine and completed her residency at the MyMichigan Health Alma Family Medicine Residency Program, where she subsequently joined the faculty. She currently serves as Program Director of the MyMichigan Health Alma Family Medicine Residency Program and Chair of Family Medicine at MyMichigan Medical Center Alma. She also holds appointments as Assistant Clinical Professor at both Central Michigan University College of Medicine and Michigan State University College of Human Medicine. She is board-certified in Lifestyle Medicine through the American Board of Lifestyle Medicine.

In addition to her clinical and educational leadership, Dr. Bernson is a fellow in Michigan State University's Primary Care Collaborative Research Fellowship. Her scholarly interests include antibiotic stewardship, preventive medicine, and improving the quality of primary care. She is committed to developing physicians who are clinically excellent, compassionate, evidence-based, and dedicated to the health and well-being of the communities they serve.